

## Northampton Aquatic & Family Center @ JFK Middle School, Bridge Rd. Florence

## Masters Swimming NORTHAMPTON RECREATION DEPARTMENT



Whether you are interested in competition or just a good healthy workout, adults over the age of 19 can practice with the assistance of a coach. Emphasis on stroke refinement and cardiovascular training makes this club ideal for adult swimmers.

Spring Quarter: March 5, 2007-June 1, 2007

**Summer Quarter:** June 4, 2007-August 24, 2007

Mondays, Wednesdays, & Fridays Days:

Time: 6:00 - 7:30 am

Location: **Aquatic & Family Center** 

Fee: \$70 / \$122 / \$132 per Quarter

Fees listed in the order of Member / Non-Member / Non-Member, Non-Resident

Yearly memberships\*: \$252 / 448 / \$458

\*Yearly memberships (\$252) can be purchased at the beginning of each quarter. In order to purchase a yearly Masters membership (\$252), a swimmer must be an AFC yearly member.

Walk-in Fees: \$5 /

Swimmers who are not registered must pay the daily walk-in fee.

Registrations accepted at the AFC @ JFK Middle School, 100 Bridge Rd., Florence Mon-Fri 4-8 PM & Sat and Sun 10-5 587-1046 or at the Recreation Dept., 90 Locust St., Northampton Mon-Fri 8:30 AM-4:30 PM 587-1040. www.northamptonma.gov/recreation